**Weekly Parish Bulletin**

Parish Mission Statement: *To love God and our neighbor through worship in our Catholic tradition, committed witness, and good works.*

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**St. Joseph’s Catholic Church**  
Fifth & W. Waldrip, Elma, Washington

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mass</td>
<td>Sunday</td>
<td>9:45 a.m.</td>
</tr>
<tr>
<td>Faith Formation</td>
<td>Sunday</td>
<td>11:00 a.m. - 12:30 p.m.</td>
</tr>
<tr>
<td>Communion Service</td>
<td>Monday</td>
<td>12:00 p.m.</td>
</tr>
<tr>
<td>Mass</td>
<td>Wednesday</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Adoration</td>
<td>Friday</td>
<td>5:00-5:45 p.m.</td>
</tr>
<tr>
<td>Confession</td>
<td>Friday</td>
<td>5:00-5:45 p.m.</td>
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<tr>
<td>Mass</td>
<td>Friday</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>All Parish Adoration</td>
<td>1st Saturday of the month</td>
<td>3 p.m. to 9 p.m.</td>
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**St. John’s Catholic Church**  
414 E. Broadway St., Montesano, Washington

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Mass</td>
<td>Sunday</td>
<td>8:00 a.m.</td>
</tr>
<tr>
<td>Mass</td>
<td>Tuesday</td>
<td>6:00 p.m.</td>
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<tr>
<td>Mass</td>
<td>Thursday</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Adoration</td>
<td>Saturday</td>
<td>4:00-4:45 p.m.</td>
</tr>
<tr>
<td>Confession</td>
<td>Saturday</td>
<td>4:00-4:45 p.m.</td>
</tr>
<tr>
<td>Mass</td>
<td>Saturday</td>
<td>5:00 p.m.</td>
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“Keep your eyes fixed on the outstretched arms of Christ crucified, let yourself be saved over and over again. And when you go to confess your sins, believe firmly in his mercy which frees you of your guilt.” —Pope Francis

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**Parish Priest:** Father Charles Banduku  
Phone: 360-482-3190 (office)  
Emergency #: 360-451-4921  
E-Mail: FrCharles.twosaints@gmail.com

**Parish Office:**  
501 W. Main, Elma, Washington  
Mail: PO Box 3027, Elma, WA 98541  
E-Mail: Office.twosaints@gmail.com

**Deacon:** Chaplain Tom Hawkins  
Phone: 360-870-2983  
E-Mail: chapz802@comcast.net

**Office Hours:** Tuesday, Wednesday, Thursday  
9:00 a.m. to 4:00 p.m.  
(Closed 12-1 p.m.)

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Download the Online Giving app on your mobile device to make it easy to support your parish: [https://www.osvonlinegive.com/2942](https://www.osvonlinegive.com/2942)

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The Knights of Columbus meet on the 4th Tuesday of every month.

Visit us online at www.twosaints.us
**St. Joseph’s Altar Society** will be taking your memorial donations for Easter flowers starting this Sunday. There is an envelope in your box to put your names on, if you use envelopes, or you can write them down and put them in an envelope and drop in the offering basket. Debbi Smith, Karla McPhee or Sadie Hawkins can also take your donation with your names on either envelope. Thank you.

**St. John’s Altar Society** is having a "Baby Shower" for Heart & Hands at the next meeting, March 12. If you would like to participate please bring items to the meeting (unwrapped) or place them in the basket in the back of church.

Suggested Items: diaper bag, wipes, baby towels & wash cloths, receiving blankets, baby thermometers, clothes, blankets and any other items.

Thanks to all for your help. Any questions call Mickey Dameron 309-397-6749

Please consider using St. Joseph’s and St. John’s Online Giving. You can set up online giving at https://www.osvonlinegiving.com/2942

Reasons to sign up for Electronic Giving:
- No need to write checks or bring cash to church.
- Peace-of-mind knowing that the church is receiving your contribution even if you are unable to attend.
- More secure than checks.
- All contributions are recorded for you on your bank statement with date of settlement.
- IT COSTS YOU NOTHING!

**Lenten Resources Available Online**
- [https://bustedhalo.com/](https://bustedhalo.com/) The Busted Halo’s 2020 Fast, Pray, Give Calendar is available on this site.
- [NWCatholic.org/Lent2020](http://NWCatholic.org/Lent2020) Sign up to receive weekly Lenten inspirations
- [https://catholicmom.com/kids/lenten-activities-for-children/](https://catholicmom.com/kids/lenten-activities-for-children/)
- [https://dynamiccatholic.com/best-lent-ever](https://dynamiccatholic.com/best-lent-ever)
- [https://www.crsricebowl.org/](https://www.crsricebowl.org/)

**Baptism, Marriage, Other Services, Scheduling Appointments with Father Banduku:**

Know someone who is no longer attending Mass? Do you need home Communion?

<table>
<thead>
<tr>
<th>Anointing of the Sick</th>
<th>Special Intention Mass</th>
<th>Deadline for items placed in the bulletin</th>
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<tbody>
<tr>
<td>Call parish office</td>
<td>The Holy Sacrifice of the Mass will be offered for your special intention. Contact the parish office to schedule a weekday Mass intention.</td>
<td>Wednesday noon <a href="mailto:phm.twosaints@gmail.com">phm.twosaints@gmail.com</a></td>
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<tr>
<td>360-482-3190</td>
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<tr>
<td>Emergency phone number for Fr. Charles: 360-451-7040</td>
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Dear brothers and sisters in Christ,

The season of Lent begins with Ash Wednesday on February 26th, 2020. Every year, Lent gives us an opportunity to deepen the meaning and value of our Christian life and stimulates us to rediscover the mercy of God so that we, in turn, become more merciful toward our brothers and sisters (Pope Benedict XVI). Lent lasts forty days, patterned after Jesus’s forty days of fasting in the wilderness as he prepared for his public life.

In the Lenten period, the Church calls on us to revive our Christian life through the traditional practices of Lent: Prayer, fasting, and almsgiving. These spiritual practices that accompany us in the process of interior renewal are ways to God, not to misery.

As Lent begins, rice bowls appear in parish schools and churches throughout the United States. Their goal is to raise awareness of hunger and poverty around the world. Children and families are encouraged to skip snacks and eat smaller meals and place the money they would have spent on snacks or bigger meals into the rice bowls instead. At the end of Lent, that money is donated to Catholic Relief Services to help the needy. On your return home from the Church service on Ash Wednesday, please take a rice bowl with you and bring it back on Holy Thursday. We will be collecting rice bowls on Thursday of the Holy Week during the Mass of the Lord’s Supper.

The Sacrament of Reconciliation for any mortal sins is required and is strongly recommended as a Lenten penitential practice for any venial sins prior to the Easter Feast. I encourage you to attend the Communal Lenten Reconciliation Service on Thursday, March 19th at 6:00pm at Saint Joseph in Elma. No Mass that evening at Saint John in Montesano. Several priests will be present to hear confessions. Make the Sacrament of Reconciliation an important part of your Lenten penitential practice.


As we journey through Lent let our prayer be this “Merciful Father, please help us to turn from our sins. We want to walk more closely with Jesus as Easter draws closer with each passing day.” Amen.

Blessings on your Lenten journey!

Fr. Charles Banduku
Giving things up for Lent

Ask nearly anyone who grew up Catholic what they're doing for Lent, and they'll probably tell you what they're "giving up" for Lent. The notion of giving up some pleasure for the 40 days of Lent is very much in keeping with the penitential character of the season. Of course, the primary pillars of Lent are prayer, fasting, and almsgiving. All of these are intended to turn our hearts back to God, to purify us, and prepare us for the celebration of Christ's resurrection at Easter. One of the things that the whole Church gives up for Lent is the acclamation "Alleluia before the proclamation of the Gospel.

Of course, when it comes to giving things up for Lent, people often get into trouble by taking on too much, or by working from the wrong motivation. To take on too much is to set oneself up for failure. Several years ago, I decided to give up both meat and chocolate for Lent. Instead of turning my heart back to God, this only served to make me irritable, as every bacon cheeseburger or peanut butter cup I encountered began to take on demonic proportions. The following year, I decided that perhaps the spiritual discipline of Lent was what I needed to help me lose 10 pounds by Easter. This was obviously the wrong motivation, because it made my Lenten practice all about me. This discipline is supposed to get us out of ourselves, and back to God. Needless to say, by Easter I still had those 10 pounds, and felt like a failure besides. The gift of humility comes from all sorts of interesting places.

So this year, I'm trying a different tack. For Lent, I'm giving up. complaining. I'm also trying to give up a grudge that I've been quietly carrying around since Christmas. I've also given up elevators, as an occasional reminder of my tendency to take the easy path. Time will tell, but I think I might make it all the way to Easter this year.

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Privándonos de algunas cosas en Cuaresma

Pregúntenle a cualquier persona que haya crecido en la fe católica qué es lo que hará para la Cuaresma y probablemente les dirá de qué se estarán privando durante la Cuaresma. La idea de privarse de algún placer a lo largo de los 40 días de la Cuaresma está en consonancia con el carácter penitencial de ese tiempo. Claro que los primeros pilares de la Cuaresma son la oración, el ayuno y la limosna. La intención de todo esto es llevar nuevamente nuestro corazón hacia Dios, para purificarnos y prepararnos para la celebración de la resurrección de Cristo en la Pascua. una de las cosas de la cual toda la Iglesia se priva durante la Cuaresma es decir la aclamación "Aleluya", antes de la proclamación del Evangelio.

Por supuesto, cuando se trata de privarse de algo por la Cuaresma, a menudo las personas se meten en problemas al querer hacer demasiado o al hacerlo con la motivación equivocada. Querer hacer demasiado es ir camino al fracaso. Hace años, decidí que durante la Cuaresma me privaría de comer carne y chocolates. En vez de llevar nuevamente mi corazón hacia Dios, esto solo sirvió para irritarme, ya que cada hamburguesa con queso y tocino o cada barra de chocolate que veía empezaban a tomar unas proporciones demoníacas. Al año siguiente, decidí que quizás la disciplina espiritual de la Cuaresma era lo que yo necesitaba para hacerme perder 10 libras antes de la Pascua. Obviamente, esto tenía una motivación equivocada ya que convertía esta práctica cuaresmal en todo acerca de mí. Se supone que esta disciplina nos haga salir fuera de nosotros y regresar a Dios. No hace falta decir que para la Pascua todavía tenía esas 10 libras y, además, me sentía como un fracaso. El don de la humildad lo encontramos en todo tipo de lugares interesantes.

Así que este año estoy tratando un método diferente. Para la Cuaresma, voy a dejar de... quejarme. También estoy tratando de eliminar ese resentimiento que vengo cargando desde la Navidad. Asimismo, como un recordatorio ocasional de mi tendencia a tomar el camino más fácil, he decidido subir escaleras y no tomar el elevator. Solo el tiempo lo dirá, pero creo que este año sí lo voy a cumplir hasta la Pascua.

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